

## 预约服务

服务必须经由本院或访院医生预约。如欲经由本院医生转介者，请联络本院门诊部，电话：2200 3102；如经由访院医生转介，可由访院医生与本部门联络

## Appointment

Booking are arranged by the referring doctors. Please contact your doctor or the Outpatient Department of our hospital at 2200 3102

## 查询详情

阁下如欲了解服务详情，可致电本中心：(852) 2200 3242

## Enquiry

Please contact 2200 3242 for further information

## 参考数据 / References:

欧洲泌尿外科学会体外碎石指引 / 医院管理局智友站

Walsh, P. C., Retik, A. B., Vaughan, E. D. & Wein, A. J. (2002). Campbell's Urology. (8th ed.). Philadelphia: Saunders.

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Tel: 22003434

Website: [www.sth.org.hk](http://www.sth.org.hk)


- ※ 本院设有「八达通」时钟泊车服务  
We provide Octopus hourly parking service
- 公共小巴绿色专线 / Green Line Public Bus: 2, 17M, 25M, 46, 70
- ※ 红色非专线: 旺角往新蒲岗/黄大仙/九龙城  
Red Line Minicab: Mongkok to San Po Kong / Wong Tai Sin/Kowloon City
- 公共巴士 / Public Bus : 1, 1A, 2A, 6D, 7B, 9, 12A, 13D, 16, 24, 27, 42, 95, 98C, 113, 203E, 296C, N216
- 港铁 / MTR
- ※ 乐富站换乘的士约五分钟到达 Lok Fu Station: 5 mins by taxi
- ※ 旺角站换乘非专线小巴(近先达广场)至露明道  
Mongkok Station: by red line minicab, get off at Lomond Road
- ※ 宋皇台: B1 出口, 可步行 5-10 分到达 Sung Wong Toi: Exit B1, about 5-10 minutes walk
- 东铁 / East Rail Line
- ※ 旺东可换乘的士约五分钟到达 Mongkok East: about 5 minutes by taxi
- ※ 九龙塘可换乘专线小巴 25M 至界限街 Kowloon Tong: by green line bus no. 25M
- ※ 复康巴士电召服务 /Rehabus (Dial a Ride) : 28178154



St. Teresa's Hospital  
聖德肋撒醫院

# 膀胱动力测试 Urodynamic Study

## 程序简介 Examination Information



# 膀胱动力测试

## Urodynamic Study

### 体外碎石暨泌尿外科中心

### Lithotripter & Urology Centre

圣德肋撒医院东座四楼

4/F, Block East, St. Teresa's Hospital

电话 / Tel: (852) 2200 3242

办公时间 / Working Hour:

星期一至星期五/Mon to Fri: 08:00 to 16:00

星期六/Sat : 08:00 to 12:00

星期日及公众假期休息

Closed on Sunday and public holidays

### 简介

主要目的为测试膀胱内的压力、尿道口开启及关闭能力、尿道口有否阻塞及知悉膀胱的贮存及排空能力。

### Introduction

This study is to detect and record any abnormal function of the bladder and the lower urinary tract during storage and during voiding of urine

### 检查过程

1. 医护人员会将两条喉管放入病人体内，一条经尿道放入膀胱，另一条经肛门放入直肠，然后驳上仪器。
2. 生理盐水会经喉管慢慢地注入膀胱，过程中，病人需尝试储尿及将膀胱感觉告知医护人员。
3. 医护人员会于适当时指示病人将小便排出。
4. 测试完毕，医护人员会将放入之喉管除去

### Procedure

1. We will insert 2 pressure lines for you. One pressure line is inserted through your urethra into your bladder. The other pressure line is inserted through your anus into the rectum. These 2 pressure lines will then be fixed with tape and connected to the Urodynamics Investigation Machine.
2. The bladder will be filled with sterile normal saline slowly. Try to hold your bladder and tell doctor or nurse your bladder sensation accordingly
3. Try to void comfortably following doctor or nurse instruction.
4. All pressure lines will be removed after procedure.

### 测试后偶见及罕见之并发症

- ※ 短暂时间小便带血及疼痛。
- ※ 泌尿系统感染。
- ※ 因放置尿管而刺穿尿道或膀胱之情况罕见。

### Possible risks and complications

- ※ May have mild blood in urine or discomfort on urination in the immediate post-investigation period.
- ※ Urinary tract infection.
- ※ Trauma to the lower urinary tract during the procedure is very rare.

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